

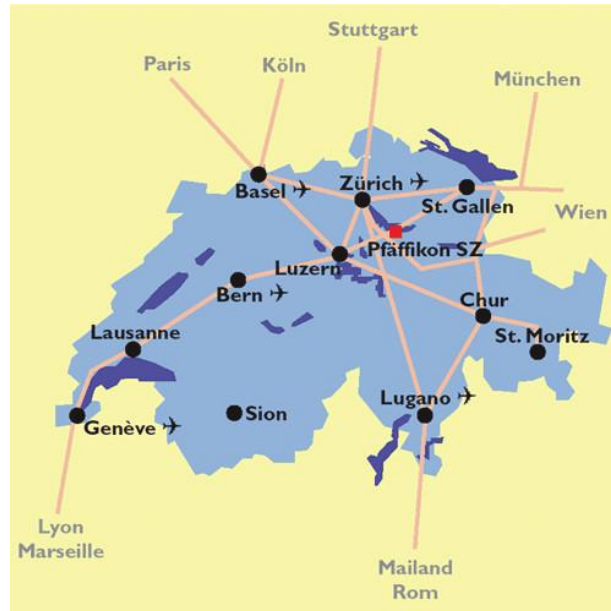
Aerobic Swiss OPEN 2017 ***Sport Aerobic & Fitness Swiss*** ***Championships 2017***

08. & 09. April, 2017
in Pfäffikon SZ (Turnhalle Weid)



Hello All,

Together with its partners, FISAF SWITZERLAND is pleased to invite you to the **Aerobic Swiss Open Championships 2017** which will take place on the **08. and 09. of April 2017** at Turnhalle Weid in Pfäffikon SZ (20 minutes from Zurich, on the south shore of Lake Zurich).



Note: there are two “Pfäffikon” which are about 25km apart. Please make sure when booking hotels or program your GPS to take the correct one.

As last year, we will have a panel of international judges.

Registrations are open now. Benefit from our early bird prices and its discount conditions by registering before February 12, 2017.

We hope to meet you during these events.

For all requests for information, do not hesitate to contact us:

- nathalie.schaefer@hispeed.ch
- sandra.brem@bluewin.ch

Competition venue Turnhalle Weid, Pfäffikon SZ

Weidstrasse 20, CH-8808 Pfäffikon SZ



The venue is close to the exit of Motorway 3

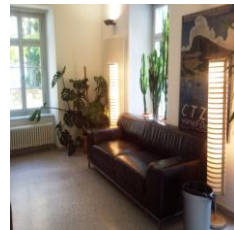
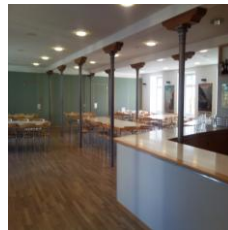
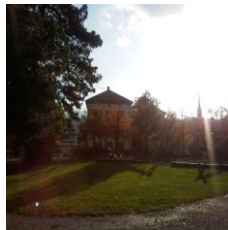
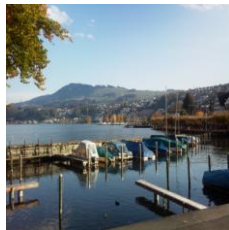
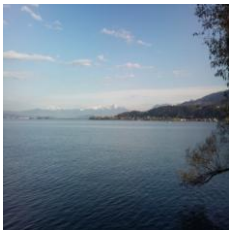
Hotels

Please note that this is a quite busy time of the year for the hotels, thus early booking is very important (and cancelation is in general free of charges)

Should the proposed selection of hotels not correspond to your needs, you may visit the official website of the [Lake Zurich Tourism Office](http://www.zuerich.com/en/Visitor/accommodation.html) or <http://www.zuerich.com/en/Visitor/accommodation.html>.

Youth hostel / Jugendherberge Richterswil

Hornstrasse 5
 CH-8805 Richterswil ZH
Contact: Tanja Demarchi / Petra Schuler
 Tel: +41 (0)44 786 21 88
 Fax: +41 (0)44 786 21 93
 Email: richterswil@youthhostel.ch
 Internet: www.youthhostel.ch/richterswil



Youth hostel / Jugendherberge Busskirch Rapperswil-Jona

Hessenhofweg 10
 CH-8645 Jona SG
Contact: Peter & Brigitte Keller
 Tel: 0041 (0) 55 210 99 27
 Fax: 0041 (0) 55 210 99 28
 Email: jona@youthhostel.ch
 Internet: www.youthhostel.ch/jona



Schweizerisches Jugend-& Bildungszentrum: Basic resort with hotel, a group house and two youth houses. The hotel is located 15' -20' by car from the competition venue.

Lincolnweg 23
 CH- 8840 Einsiedeln
 Telefon: +41 (0)55 418 88 88
<http://www.sjbz.ch>



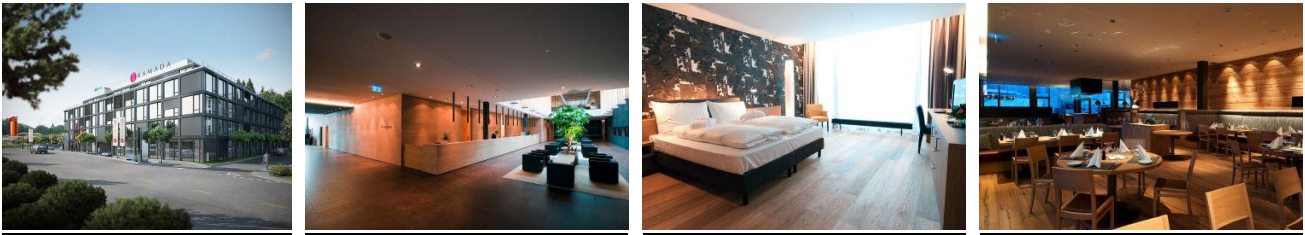
SEEDAMM PLAZA: modern 4* congress hotel with 3 restaurants, Bar and Casino. With advanced booking group dinner can be arranged. The hotel is located 5' by car from the competition venue.

Seedammstrasse 3
 CH-8808 Pfäffikon SZ
 Telefon: +41 55 417 17 17
 Telefon direct: +41 55 417 27 02
 Fax: +41 55 417 28 24
<http://www.seedamm-plaza.ch>



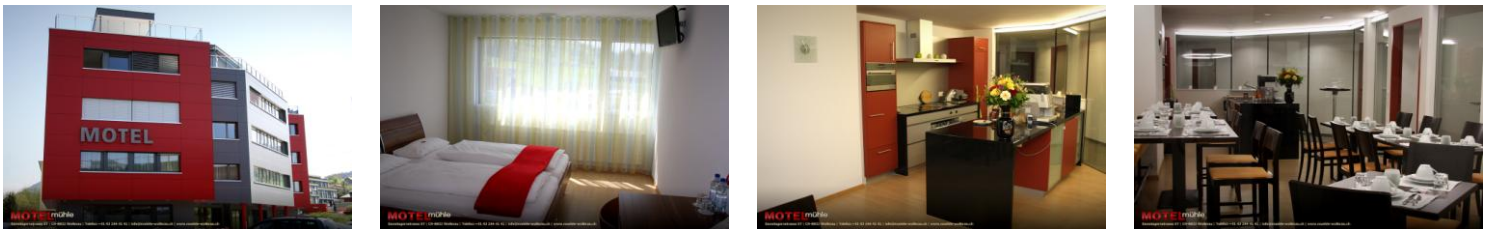
Hotel Ramada Feusisberg - Einsiedeln: 4* Business hotel that opened in 2010. Modern, spacious rooms, fitness center and spa. 5' drive to the competition venue.

Chaltenbodenstrasse 16
 CH-8834 Schindellegi
www.ramada-feusisberg.ch



MOTEL MÜHLE: The Motel Mühle has 22 Beds. Free Internet, all rooms with Cable TV and Bath/Shower. Located 5' from the competition venue. Breakfast room, but no restaurant.

Motel Mühle
 Samstagerstrasse 57
 CH-8832 Wollerau
 Telefon: +41 43 244 41 41
<http://www.muehle-wollerau.ch>



IBIS ZURICH ADLISWIL: The hotel is located 20' by car from the competition venue.

Zurichstrasse 105
 ZURICH-ADLISWIL
 CH-8134 ZURICH
 Telefon: +41 44 711 85 85
<http://www.accorhotels.com>

Program

REMARK! This is only a preliminary schedule! The time schedule will be adjusted according to the number of participants in the different categories.


The final schedule will be posted after registrations are closed!


Saturday 08.04.2017

| |
|---|
| Registration + music check Sports Aerobics, Fitness teams (Aerobic, Step) cat. A & B. |
| Preliminaries & Semi finals |


Sunday 09.04.2017

| |
|-------------------------------------|
| Semi finals & Finals all categories |
| Award Ceremony |

 **Mini, Cadet, Junior & Senior:** all categories (except Mini B-cat.) with more than 12 athletes/teams have preliminaries and semi finals. If there are 3 or more Swiss athletes/teams in the semi-finals, the best 3 will be qualified for the finals. In addition all foreign athletes/teams that are ranked among the top 6 in the semi finals will also be qualified for the finals.

 All A-categories and all B-categories (except Mini B-cat.) with 11 or fewer athletes/teams only have preliminaries and finals.

 Mini B-cat. have only preliminaries and finals.

 May we ask you to respect the times on the present schedule. The final schedule with the start times will be handed out during the registration.

Participation fee

| | EARLY BIRD registration <u>BEFORE 12.02.2017</u> | Registration <u>FROM</u> 12.02.2017 and <u>BEFORE</u> 19.03.2017 |
|---|---|---|
| Sport Aerobic cat A & B Individual | 30 CHF | 45 CHF |
| Sport Aerobic Cat. A & B Team (2-3) | 60 CHF | 90 CHF |
| Step teams (5-8) | 120 CHF | 150 CHF |
| Fitness teams (5-8) | 120 CHF | 150 CHF |

Note: We target a maximum of 15 athletes per category; nevertheless, all athletes who register during the early bird period will be allowed to participate, independently of the number of athletes in the respective category. After the early bird period, categories will be closed once they will have reached 15 participants.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 19. March 2017.

Conditions of participation

1) All athletes /teams must fill in the correct registration form (FRF) + send a copy of their passport to nathalie.schaefer@hispeed.ch or to sandra.brem@bluewin.ch before the 19. March 2017.

2) Pay the participation fee.

The participation fee must be paid to (Bank Details):

La Poste Suisse, Post Finance, CH-4808 Zofingen

AEROBIC SWISS OPEN, Korporationsweg 14, 8832 Wilen bei Wollerau, Suisse

Konto : 85-57636-1

IBAN: CH11 0900 0000 8505 7636 1

BIC PostFinance: POFICHBEXXX

With the announcement ' AEROBIC SWISS OPEN 2017 + NAME OF TEAM or ATHLETE'

REMARK: all costs for this money transfer should be paid by yourself.

3) Each athlete/team must have an individual insurance in case of an accident.

4) Each athlete should sign a DECLARATION (CLUB/ COACH & ATHLETES) FORM that they agree with the FISAF TECHNICAL REGULATIONS SPORTS AEROBICS, FITNESS CATEGORY, which will be respected during the FISAF SWISS OPEN FITNESS CHAMPIONSHIPS of 08. & 09. April 2017.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 19. March 2017.



Aerobic Swiss OPEN 2017

Sport Aerobic & Fitness Swiss Championships 2017

DECLARATION CLUB

Undersigned: ...

Responsible of (name club): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2013 - 2017 + Antidoping Policy concerning the AEROBIC SWISS OPEN CHAMPIONSHIPS 2017 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2017 that take place on Saturday 08. and Sunday 09. April 2017 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for clubs.

Date:

Signature:

DECLARATION COACH & ATHLETES

Undersigned (coach): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2013 - 2017 + Antidoping Policy concerning the AEROBIC SWISS OPEN CHAMPIONSHIPS 2017 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2017 that take place on Saturday 08. and Sunday 09. April 2017 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for coaches and athletes;
- That the undersigned will inform his/her athletes of the above information.

Date:

Signature:



Aerobic Swiss OPEN 2017

Sport Aerobic & Fitness Swiss Championships 2017

REGISTRATION FOR FITNESS TEAMS

| |
|------------------------|
| FISAF member country : |
| Name of coach : |
| Phone of coach: |
| E-mail of coach: |

CATEGORY:

- | | | |
|--|---|---|
| <input type="checkbox"/> CAT. A <input type="checkbox"/> CAT. B | <input type="checkbox"/> FITNESS TEAMS <input type="checkbox"/> STEP TEAMS | <input type="checkbox"/> MINI DIVISION <input type="checkbox"/> CADETS <input type="checkbox"/> JUNIORS <input type="checkbox"/> SENIORS |
|--|---|---|

Name of team :

Music

- Title :
- Artist :
- Composer :

ATHLETES:

| | First Name | Family Name | Date of birth |
|----|------------|-------------|---------------|
| 1. | | | |
| 2. | | | |
| 3. | | | |
| 4. | | | |
| 5. | | | |
| 6. | | | |
| 7. | | | |
| 8. | | | |
| | | | |
| | | | |

PLEASE RETURN THIS FORM TO: nathalie.schaefer@hispeed.ch or sandra.brem@bluewin.ch

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 19. March 2017.



Aerobic Swiss OPEN 2017

Sport Aerobic & Fitness Swiss Championships 2017

REGISTRATION FOR SPORT AEROBIC

| |
|------------------------|
| FISAF member country : |
| Name of coach : |
| Phone of coach: |
| E-mail of coach: |

CATEGORY:

- | | | |
|--------------------------------------|--|---------------------------------|
| <input type="checkbox"/> IND MEN | <input type="checkbox"/> MINI DIVISION | <input type="checkbox"/> CAT. A |
| <input type="checkbox"/> IND WOMEN | <input type="checkbox"/> CADETS | <input type="checkbox"/> CAT. B |
| <input type="checkbox"/> MIXED PAIRS | <input type="checkbox"/> JUNIORS | |
| <input type="checkbox"/> SA TEAMS | <input type="checkbox"/> SENIORS | |

Music :

- Title:
- Artist:
- Composer:

ATHLETES:


| | First Name | Family Name | Date of birth |
|----|------------|-------------|---------------|
| 1. | | | |
| 2. | | | |
| 3. | | | |


PLEASE RETURN THIS FORM TO: nathalie.schaefer@hispeed.ch or sandra.brem@bluewin.ch


DEADLINE SPORT AEROBIC & FITNESS TEAMS: 19. March 2017.



Sponsors

| | |
|---|---|
| | |
|  + SPORT-TOTO <i>Für einen starken Schweizer Sport!</i> | www.sz.ch / www.swisslos.ch |

| | |
|---|--|
| | |
| <i>Sportverband</i> Kanton  <i>Schwyz</i> | www.schwyzersport.ch |


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| BEZIRK HÖFE  | www.bezirk-hoefe.ch |


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Partners

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|  | <p>www.fisafinternational.com</p> |
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|  | <p>www.fisaf.ch</p> |
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|  | <p>www.sponser.ch</p> |
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|  | <p>www.coolandclean.ch</p> |
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|  | <p>www.flashlight.ch</p> |
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